

Presented by Mount Alvernia Hospital
Supported by Cordlife

From Pregnancy to Parenthood

16 April 2016
(Saturday)

Carlton Hotel
76 Bras Basah Road,
Empress Ballroom 4 & 5

PROGRAMME HIGHLIGHTS



Labour / Modes of Delivery

Dr. Goh Shen Li
Senior Consultant Obstetrician and Gynaecologist
Mount Alvernia Hospital



Lifesaving Benefits of Storing your Baby's Umbilical Cord and Cord Blood

Dr. Li Ming Ming
Laboratory Director
Cordlife Group Limited

TEA BREAK



Benefits of Breastfeeding & Weaning

Ms. Janice Chong
Dietitian
Mount Alvernia Hospital



Tips to Successful Breastfeeding

Ms. Kang Phaik Gaik
Head of Parentcraft Centre
Mount Alvernia Hospital

Lucky Draw

Registration and Booth Activities
start at 12.30 pm

Admission (inclusive of refreshments)
\$15 per person/ \$20 per couple

**FREE admission for all expectant
parents with gynae appointment cards**

Limited seats available!

Register now at

 www.cordlife.com/sg/fptp2016

For enquiries, please call

 6238 0808

ATTRACTIVE
**Goodie
Bag***

worth
over **\$100**

*For attendees:
One per couple

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